

KS3 PE Intent Statement

Intent

To create an environment of enjoyment where students achieve and grow in confidence in all physical areas. All teaching staff to empower students to lead a healthy, active lifestyle, providing opportunities for all to compete in sport and other activities, in turn building characters including values such as fairness and respect.

Purpose of KS3 Learning cycles

- Provide a broad range of activities for all students
- Introducing and make students familiar with the knowledge skills required for KS4 examination courses
- T4W strategies formally used
- Educate the whole student in all areas (social, personal and physical)

Goal for every student

- To give students the knowledge and experiences they need to have and lead a healthy and active lifestyle throughout their lives
- To receive the same experience regardless of teacher
- Stretch and challenge all students regardless of their ability
- To enable students to become more resilient, improve their own self-esteem, teamwork and practical skills.
- To focus on the core elements of health and well-being and prepare students to become active]
- To experience competitive situations, and be given the opportunity to analyse performances
- For all to improve and build on tactics, techniques and strategies in a sporting environment

Implemented pace

Series of 6 lessons on each activity. Activities are delivered at various times, throughout the year, dependent on the group

| Yr 7 | Yr 8 |
|--|--|
| Invasion sports-Rugby/Netball/Capture the flag | Invasion sports-Rugby/Netball/Capture the flag |
| Racquet sports – Badminton / Tennis | Racquet sports – Badminton / Tennis |
| Aesthetic activity – Gymnastics | Aesthetic activity – Gymnastics |
| Invasion sports – Football / Hockey / Basketball | Invasion sports – Football / Hockey / Basketball |
| Health & fitness – Various training methods | Health & fitness – Various training methods |
| Hitting & striking sports – Rounders / Cricket | Hitting & striking sports – Rounders / Cricket |
| Individual sports - Athletics | Individual sports - Athletics |

Impact

- Assessments completed by all teachers at the same time- guided by set GEM activities
- KPI'S introduced for all students to identify skills they are good at and what skills they need to improve on
- Strong links with CAMNAT course, PSHE and Food Preparation and Nutrition
- Starter quizzes reinforces learning and aids memory recall

- Provide extracurricular experiences
- Increasing the number of whole school staff supporting ex-curricular experiences