

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Fresh
Fruit



Fresh
Smoothie

Break

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY £1.25	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL	SAUSAGE ROLL
HOT SNACKS	CHICKEN NUGGETS £1.10	HASHBROWNS £1.10	POPCORN CHICKEN £1.30	HASHBROWNS £1.10	ONION RINGS £1.10
HOT BREADS & SLICES	CROISSANT £1.05	BACON BAP £1.30	CROISSANT £1.05	SAUSAGE BAP £1.25	CROISSANT £1.05
THE CAKE SHOP 85p	DAILY SELECTION OF HOMEMADE CAKES SHORTBREAD CHOCOLATE MUFFIN LEMON DRIZZLE CAKE FLAPJACK CHOCOLATE BROWNIE CHOCOLATE CHIP COOKIES				
ON THE SIDE	WAFFLES £1.20	GARLIC BREAD 60p	PIZZA BAGEL £1.20	GARLIC BREAD 60p	WAFFLES £1.20
DAILY OFFERS	SELECTION OF FRESHLY MADE SANDWICHES & FILLED BAGUETTES, FRESH FRUIT & DESSERT POTS				



**Fresh
Fruit**



**Fresh
Smoothie**