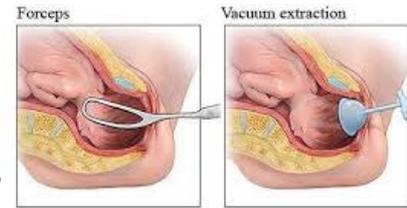


Cambridge Nationals – Assisted Birth

OCR Child Development



FOLD OVER TO TEST YOURSELF →→→→

| Key Vocabulary | Definition |
|-----------------------|---|
| Instrumental Delivery | Involves using a ventouse (vacuum cup) or forceps to help guide the baby out during labour, when the baby needs assistance to be delivered in the second stage of labour. |
| Surgical Intervention | Involves procedures performed on a foetus or new born to address health issues, either in the womb or shortly after birth, to improve outcomes or save lives. |
| Ventouse | An instrument that uses suction to attach a plastic or metal cup on to your baby's head. |
| Episiotomy | A surgical incision of the perineum and the posterior vaginal wall generally done by an obstetrician. |
| C-Section | Can be a planned surgical procedure by which the baby is delivered through an incision in the mother's abdomen. It is often performed because vaginal delivery would put the mother or child at risk. |
| Forceps | Forceps (metal instruments resembling tongs) to help guide the baby out of the birth canal during labour, particularly when vaginal delivery is stalled or there are concerns about the mother or baby's health |

2024 Past Exam Question

During her labour, Orla had an episiotomy.

State **two** reasons why Orla could have needed an episiotomy.

1

.....

2

.....

[2]

Other Tasks –

1. Create a mindmap of the different methods of assisted delivery.
2. Use this mindmap to create 10 questions.
3. Cover your mind map and test yourself with the 10 questions.
4. Uncover the mindmap and mark your work with a **green pen.**

Any **two** from:

- the baby's (head) was too big to fit through the vagina/helps push baby's head out
- Orla needed a forceps/ventouse delivery/assisted delivery
- risk of a tear/to prevent a tear/to prevent tear getting worse
- baby became distressed
- there was a need to speed up delivery
- baby is breeched
- serious condition e.g. heart condition
- reduce risk of still birth
- reduce birth injuries
- Orla/mother too tired

1. There are 4 kinds of assisted births – create flash cards for each method and test yourself.
2. Name one instrumental method of delivery and state 2 reasons why a woman may need this type of delivery.

Cambridge Nationals – Assisted Birth

| Task | Link to Resource |
|--|---|
| Watch the video and take notes | https://www.youtube.com/watch?v=GLOhMD2xwgs |
| Check your understanding using this quick quiz | https://create.kahoot.it/details/4a677706-215f-4510-8f1d-6a56a187a5e2 |
| Practise your exam technique | https://app.senecalearning.com/teacher/resource-hub/preview/quiz/7e67ec31-c10f-44e4-ae3-e620804c31aa |

1. There are 4 kinds of assisted births – create flash cards for each method and test yourself.
2. Name one instrumental method of delivery and state 2 reasons why a woman may need this type of delivery.