

Cambridge Nationals – Contraception

OCR Child Development

FOLD OVER TO TEST YOURSELF →→→→

Key Vocabulary	Definition
Barrier Methods	These provide physical obstruction (barrier) that will prevent the sperm from reaching the egg. Condom is a good example.
Non-Barrier Methods	These use hormones or other substances to prevent pregnancy, they work by preventing ovulation. The pill is a good example of this.
Contraceptive injections, implants and coils	These are other methods that hormones can be used to prevent pregnancy.
Natural family Planning	This may be used when a woman is aware and tracks her menstrual cycle and plans to have sex on the days where she is less fertile.

Exam Question – 2024 paper

Explain how the contraceptive injection prevents pregnancy.

.....

 [2]

State **two** advantages and **two** disadvantages of using the contraceptive injection to prevent pregnancy.

Advantages

1

 2

Disadvantages

1

 2

[4]

Any **two** from:

- releasing progesterone (into blood stream) (1)
- ...which prevents ovulation (1)
- thickening the mucus around the cervix (1)
- ...which prevents the **sperm** from reaching the egg/the **sperm** cannot fertilise the egg (1)
- thins the womb lining (1)
- ...so fertilised egg can't become implanted (1)

Any **two** advantages and any **two** disadvantages from:

Advantages

- can be used if woman unable to use contraceptive containing oestrogen
- 99% effective
- can protect against some cancers and infections
- periods can become more regular/lighter less painful
- not affected by medication
- can be used while breastfeeding
- lasts up to 8 to 13 weeks/12 weeks/13 weeks/3 months/
- doesn't interrupt sex
- can be used straight after birth
- does not need to be injected every day for those who are forgetful/no need to take a daily pill/change patch
- can inject herself/does not need a health professional

Disadvantages

- can take up to a year for periods to return to normal after injections stop
- can stop periods altogether/irregular periods
- can cause weight gain
- side effects can include headaches/mood swings
- no protection against STIs
- use of needle

Task	Link to Resource
Watch the video and take notes	https://www.youtube.com/watch?v=kMY-v0F6bX0
Check your understanding using this quick quiz	https://create.kahoot.it/details/c13c216f-e646-4f49-be18-2bcf262b9712
Practise your exam technique	https://www.bbc.co.uk/bitesize/guides/z7vsqp3/revision/1

1. Can name and explain each of the contraception methods?
2. Create a mind map based upon Contraception – from this create 10 questions and quiz yourself on the information learned.