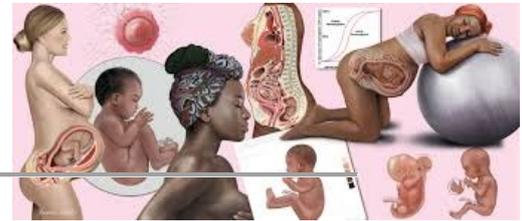


# Cambridge Nationals – Labour

OCR Child Development



**FOLD OVER TO TEST YOURSELF** →→→→

Key Vocabulary	Definition
Contractions	The uterus is preparing to push. The muscles tighten for a minute or so and then relax. They can differ in intensity and length.
A show	The plug of the mucus in the cervix has been released. A woman will sometimes see a sticky, blood stained substance.
Cervix	The lower, narrow end of the uterus (womb) that connects the uterus to the vagina (birth canal).
Crowning	The point when the baby's head is fully visible at the vaginal opening, marking the final stage of labour before birth.

## 2024 Past Exam Question

Orla is pregnant and is experiencing signs that labour has started.

In the table below identify **three** signs that labour has started.

Signs that labour has started	Tick (✓) three only
Orla has a 'show'	
Orla starts having contractions	
Orla's cervix is fully dilated	
Orla's placenta is delivered	
Orla's waters break	

Describe what happens during the third stage of labour.

.....

.....

.....

Signs that labour has started	Tick (✓) three
Orla has a 'show'	✓
Orla starts having contractions	✓
Orla's cervix is fully dilated	
Orla's placenta is delivered	
Orla's waters break	✓

### Third stage of labour:

- this happens after the baby is born
- contractions start again
- placenta delivered
- injection/syntocinon/oxytocin may be given to speed up process/stimulate contractions
- any tear/cut in perineum will be sewn up under local anaesthetic
- umbilical cord clamped and cut 1-5 minutes after birth

Task	Link to Resource
Watch the video and take notes	<a href="https://www.youtube.com/watch?v=gyUCqEcPptY">https://www.youtube.com/watch?v=gyUCqEcPptY</a>
Check your understanding using this quick quiz	<a href="https://create.kahoot.it/details/4dedfb7b-e07b-4eb0-8843-1354a0a323d1">https://create.kahoot.it/details/4dedfb7b-e07b-4eb0-8843-1354a0a323d1</a>
Practise your exam technique	<a href="https://app.senecalearning.com/teacher/resource-hub/preview/section/b05fc60c-19e3-4209-8ed6-4ad53206138f">https://app.senecalearning.com/teacher/resource-hub/preview/section/b05fc60c-19e3-4209-8ed6-4ad53206138f</a>

1. Create a time line to outlines the stages of labour.
2. Using a different colour - explain what happens at each stage.
3. Create a text map to explain signs that labour has started.