

How can we help?

You can give our receptionists over-the-counter medication and pain killers for your child. Other medication can only be taken in school if prescribed by a doctor.

All medication needs to be named and supported by our consent form that you need to complete. This is available at reception or on our website.

Sanitary products are available for free if necessary. Students just need to approach one of the pastoral team.

One-off sickness (anxiety, eating something bad) should not prevent your child from attending school.

Talk to us! Let us know your child is unwell and if they continue to feel poorly or worsen we shall contact you.

Contact us

Notification of a student absence

Telephone: 01225 762637

Email: absence@jogschool.org Main

Office/Switchboard

Telephone: 01225 762637

Email: office@jogschool.org

When should I make medical appointments?

[Doctor, dentist & orthodontist]

These should be made after 3pm once the school day has ended. This shall ensure your child will not miss out on essential learning.

Medical evidence

If your child has missed school for a prolonged period of time due to illness we shall require to see evidence in the form of:

- A doctor's appointment card with dates and times
- A prescription

Please note:

The general advice and guidance within this document by the school is to support parents and carers with their decision as to whether their child is well enough to attend school.

PARENTS AND CARERS SHOULD ALWAYS SEEK MEDICAL ADVICE IF THEY HAVE CONCERNS ABOUT THEIR CHILD'S HEALTH.

FUTHER INFORMATION CAN BE FOUND BY VISITING:

www.nhs.uk

The John of Gaunt School

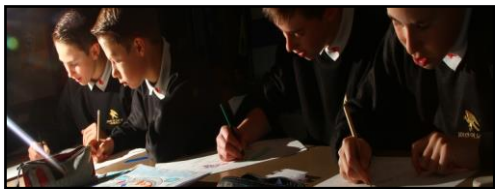
A Community Academy



Attendance support document

"A highly inclusive school... committed to the success of every pupil."

(Ofsted June 2018)



Can your child afford to miss 5 hours of learning a day?

Is your child ill or unwell?

Attendance is crucial to your child's success

There are too many children that are allowed to remain at home if they are unwell or have a minor illness. A rule of thumb is that if your child does not need to see a doctor then it is more than likely that they can attempt to come to school.

Unwell but should be in school...

Headache / Earache / Cough / Cold / Sore throat / Period pain / Feeling sick

More often than not, those students that make it to school feel better as the day progresses and enjoy being with their friends.

Parents / carers should encourage their child to attend school.

Students that make it into school do not feel the pressure of not understanding work missed or having to catch-up.

Quick tips to help your child feel better before school starts

- Fresh air
- Sips of a cold drink (hot lemon with honey for a cough)
- Small breakfast & snacks for the day
- Painkillers

Too ill for school?

Please make an appointment with your local doctor as soon as you can and seek medical advice.

Remember if the diagnosis is positive a child can return to school during that day.

Flu symptoms

- Sudden high temperature over 38
- Aching body
- Exhaustion
- Dry cough
- Sore throat

Tonsillitis symptoms

- Tonsillitis can feel like flu.
- The tonsils at the back of your throat will be red and swollen.

Glandular fever symptoms

- tonsillitis that isn't getting better
- a very high temperature or feeling hot and shivery
- a severe sore throat
- swelling either side of the neck – swollen glands
- extreme tiredness or exhaustion

See a GP immediately or go to A&E if your child has:

- difficulty swallowing
- difficulty breathing
- extreme tummy pain

Diarrhoea / vomiting bug

DO – rest / drink fluids / eat when able
DON'T – drink juice or fizzy drinks / give aspirin to your child if under 16



When can my child return to school?

Head lice

Your child can attend school, but they and the rest of your family should be treated to prevent it spreading.

Measles/German measles

Four days after their rash has appeared. *Please inform the school, as pregnant members of staff may be affected.*

Chicken Pox

When all the spots have crusted over. *Please inform the school, as pregnant members of staff may be affected.*

Whooping cough

Five days after starting antibiotics.

Mumps

Five days after the glands start to swell.

Scarlet fever

Two days after starting antibiotics.

Shingles

Your child can attend providing the rash is covered and is not weeping.