



RELATIONSHIPS AND SEX EDUCATION POLICY

Originator	Reviewed by	Date of Review	Approved by	Date of Approval	Next Review Date	Website
HKE	S&C	14/09/21	FGB	18/10/21	Oct 23	Yes

"Excellence Every Day"

Our Mission

Our mission is to make sure that all our students, regardless of their circumstances, discover their personal best and thrive academically, individually and socially. We are relentless in driving high expectations and make no apology for ensuring high standards across the school. We will continually ensure every student achieves excellent results, with high-quality teaching and a first-class curriculum, underpinned by outstanding cultural capital experiences and exceptional pastoral care.

Values

Excellence

We strive for greatness in everything we set our minds to. We endeavour to do our very best and excel in all aspects of school life.

Respect

We treat others in our diverse, inclusive community as we wish to be treated. We acknowledge individual differences yet join together in an uncompromising respect for each other.

Responsibility

We understand that we own our actions. We work hard to understand our emotions and manage them effectively, whilst ensuring we put any mistakes right.

Resilience

When we encounter challenges, we persevere and bounce back. We see setbacks as stepping stones to success and always give 100%.

Ambition

Our ambition knows no limits. We will push ourselves to be the best version of ourselves to ensure success.

Aims of Relationships and Sex Education (RSE)

This policy needs to be read alongside the following policies:



- Equality
- Confidentiality
- Child Protection and Safeguarding

The aim of this policy is to clearly communicate to staff, parents, visitors and students the framework in which RSE will be delivered in this school.

The John of Gaunt School believes that RSE is an educational entitlement of all students and an integral part of each student's emergence into adulthood.

Aims:

- To encourage personal responsibility in all forms of behaviour;
- To encourage self-esteem;
- To encourage respect and consideration for others irrespective of their gender, race or sexuality;
- To provide both support and accurate age appropriate information for young people and their parents; and to ensure that laws relating to sex and relationships are discussed;
- To promote openness and discussion on related issues in and out of school;
- To promote the ability to make positive healthy choices and to resist pressure;
- To allow students the opportunity to consider the skills required for being future parents and carers of children;
- To provide students with a safe environment to consider and reflect on their own values and attitudes relating to relationships and sexual health;
- To provide students with information about services supporting sexual health and relationships, particularly those relating to young people;
- To promote the importance of healthy relationships;
- To highlight the impact that relationships can have on the mental health of young people;
- To ensure that children can consider issues of consent and sexual exploitation in order to equip them to make safe and healthy choices as they progress to adulthood.

Content

Relationships and sex education provide knowledge and encourages the acquisition of skills and attitudes, which allows students to manage their lives in a responsible and healthy way. Under the 1996 Education Act schools have a duty to ensure that Relationship and Sex Education provides appropriate information and encourages students to have due regard to moral considerations and the value of family life. The Act states "the aim of education is to prepare children and young people for the opportunities, responsibilities and experiences of adult life". It also requires secondary schools to provide a RSE curriculum that includes teaching about Sexually Shared Infections (SSI's), including HIV and AIDS. The publication of the DfE's Relationships and Sex Education consultation response (February 2019) states that all "all schools will be required to teach RSE from September 2020 The Act gives parents the right to withdraw their children from all or parts of the Sexual Relationship Education (SRE) offered except where it forms part of a National Curriculum programme of study. Parents do not have to give any reasons for their decisions. All children, however, need to



attend the relationships element of the teaching and learning but can be withdrawn from discussions regarding sex (DfE, 2019).

Any parent who wishes to withdraw a student from all or part of the RSE provided by the school must contact the Headteacher.

PSHE is taught in a spiral curriculum framework ensuring that students are able to access information which is age appropriate. RSE forms part of this curriculum. RSE is taught through the Science, PSHE and Religious Studies curriculum. Students may also have the opportunity to develop skills and consider RSE related issues and skills in other subjects, for example when studying themes in English Literature.

Values and beliefs

Students will be encouraged to consider the importance of the following values:

- Respect and valuing themselves and others.
- Understanding and sensitivity towards the needs and views of others.
- Responsibility for their own actions.
- Responsibility to the school, their family and the wider community.

Skills and abilities

Students will be helped to develop the following skills:

- Communication including the making and keeping of relationships.
- Assertiveness and resistance to pressure.
- Decision-making.
- Recognising and using opportunities to develop a healthy lifestyle.

Monitoring and Review

- RSE will be monitored by the school's Deputy Headteacher, Director of Learning for Social Sciences and Director of Learning for Science.
- The full policy can be made available to all parents/guardians when the student enters the school.
- A nominated governor has a link role between the school and the governing body.
- RSE schemes of work and individual lessons are reviewed by the Social Science Faculty on an annual basis, particularly noting any guidance added to the RSE guidelines from the DfE. With this in mind, other faculty areas are encouraged to make a personal note of the guidelines that they teach within their own areas, with an annual skills matrix being sent out to Directors of Learning.
- The content of the RSE curriculum is published on the school website, so there is transparency in terms of what we deliver as a school. This specifically focuses on PSHE lessons where explicit RSE is taught throughout all year groups. Parents have been updated in terms of the new guidelines as published by the DfE.

The Governors, through the Student & Community Committee, will review the policy bi-annually.